



Mumps



For parents of infants & young children

Pneumococcal Disease

Rotavirus Diarrhea

Chickenpox

Mumps

Measles

Rubella

Hepatitis A

For parents of school going children

For Adults

MORE ABOUT MUMPS AND ITS PREVENTION



Cause

Mumps is a viral contagious disease that primarily affects the salivary glands



Impact

The burden of Mumps remains high (100-1000 cases/100000 population) in countries which do not offer routine Mumps vaccination, with



Prevention

Vaccination helps to protect against Mumps along with other means like handwashing, proper disposal of tissues and avoiding contact with



Age of vaccination

9 months onwards. Consult your doctor.

MUMPS

What is Mumps?



- **Mumps:** Mumps is a viral contagious disease that primarily affects the salivary glands.

How are Mumps transmitted?

It spreads through saliva or mucus from the mouth, nose, or throat. An infected person can spread the virus by coughing, sneezing, sharing items and touching objects or surfaces with unwashed hands that are then touched by others.

What are symptoms and complications of Mumps?



Mumps causes fever, headache, muscle aches, tiredness, loss of appetite and swollen salivary glands. Complications can include swelling of the testicles or ovaries, deafness, inflammation of the brain and/or tissue covering the brain and spinal cord (encephalitis/meningitis) and rarely death.

How can I protect my child against Mumps?



The spread of these diseases can be prevented by the following:

- Vaccination
- Limiting/avoiding contact with infected persons
- Hand washing
- Proper disposal of tissues

What do I need to know about vaccination against Mumps?



- Mumps vaccine can be taken at any age above 9 months.
- Consult your doctor for more information on vaccination against Mumps.

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